



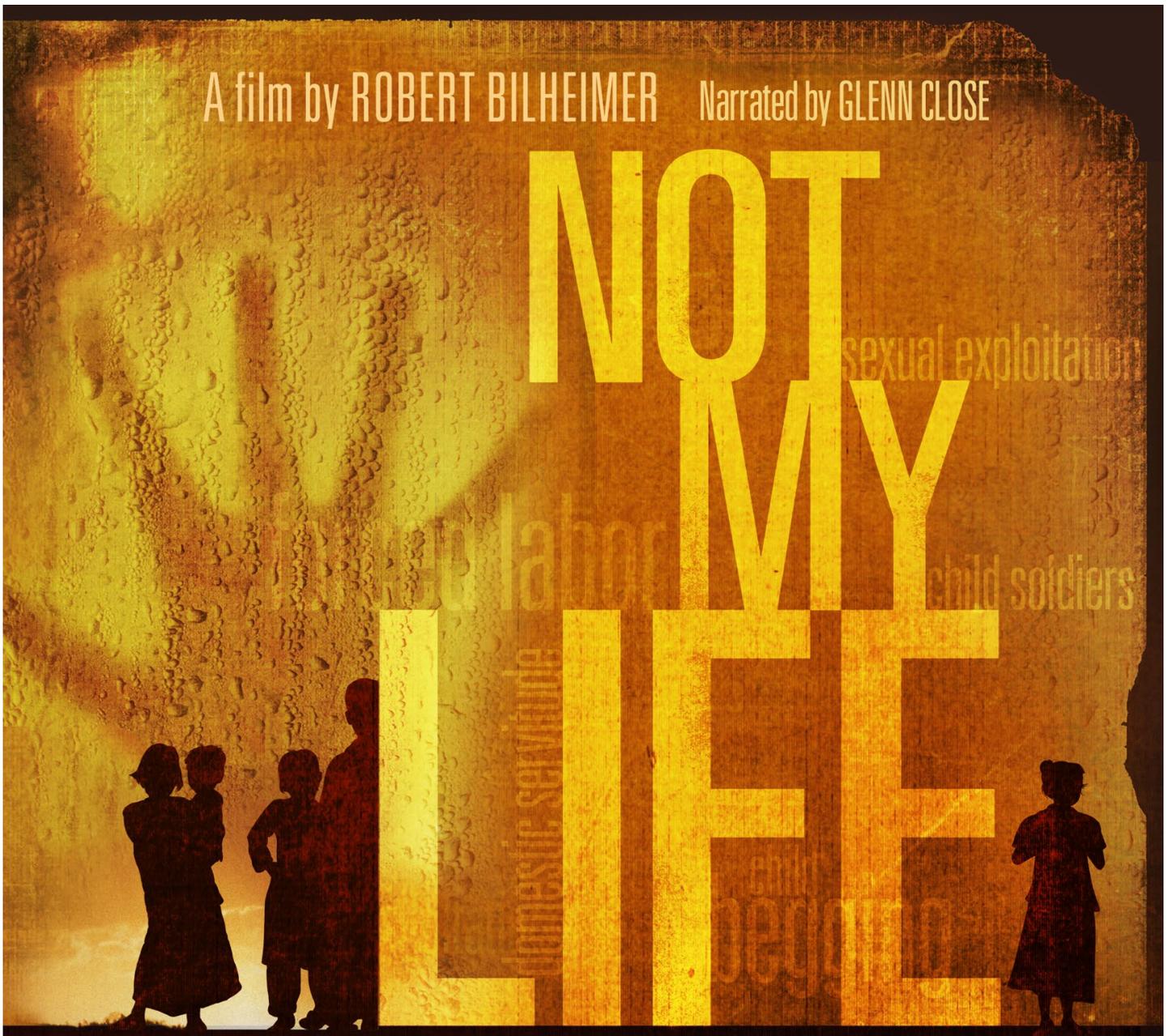
End
Trafficking

Learn More

For more ways to take action, visit:
unicefusa.org/endtrafficking

Not My Life

Screening and Discussion Guide



Contents

About This Guide.....	3
Sample Agenda.....	3
Introducing the End Trafficking Project.....	4
Pre-Screening Discussion Guide.....	4
Post-Screening Discussion	6
Take Action	7
Resources	8

“Not My Life” Screening and Discussion Guide

This guide is designed to help you engage a group of people — whether it’s 5 or 500 — on human trafficking in the U.S. and around the world. The tools it contains are meant to assist you and can be adapted to suit your group’s needs.

Human trafficking is a highly complex issue that affects millions of people worldwide. Given its underground nature, people in your community may not be aware how widespread trafficking is — and they may have a limited understanding of the abuse, violence and exploitation that victims experience.

This makes “Not My Life” a powerful awareness-raising tool. Filmed on five continents over four years, the film brings the horrifying practices of a multibillion-dollar global industry to life through the stories of survivors.

Helpful hints:

- If serving refreshments, consider buying ethically sourced options to avoid the potential that child labor or forced labor was used in the making of the products.
- If you are viewing the 60-minute version of the film, there is only audio for the first 40 seconds. Images will appear at about 43 seconds.

Sample Agenda

Event duration: Just under two hours

Please register your screening at unicefusa.org/submit-your-event-application.

1 Pre-Screening Surveys and Discussion (10 minutes)

2 Introducing the End Trafficking Project and “Not My Life” (5-7 minutes)

3 “Not My Life” Screening (30 or 60 minutes)

4 Film Discussion (20 minutes)

5 Take Action Discussion and Closing (10 minutes)

6 Evaluation (5-7 minutes)



Human trafficking arrest in Guatemala City, Guatemala

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Introducing the End Trafficking Project

Introduce yourself and your role with UNICEF USA (e.g., volunteer, club member, etc.).

Suggested Talking Points

- Child trafficking happens here in the U.S. and in virtually every other country.
- Many people are familiar with UNICEF's work providing children with things like emergency aid, clean water and medical care, but UNICEF also has a strong record protecting children from violence, exploitation and abuse.
- The End Trafficking project primarily aims to raise awareness about the issue — beginning with friends of UNICEF like you — and help people take meaningful action to protect children and prevent this horrific form of exploitation.



Psychologist Romand Alce provides counseling for trafficked children and children living on the streets in the Dominican Republic.

Pre-Screening Discussion Guide

Pre-Screening Survey

(Please see the resources section at end of this guide.)

Place a pre-screening survey at every seat before people arrive. As people gather, ask them to complete the survey. Review responses to help guide the pre-screening discussion.

People may already know the answers to many of the questions. The point of the survey is not just to teach something new, but to activate prior knowledge and prepare people to view the film. Emphasize the many different types of trafficking, risk factors that make people vulnerable, and organizations and actors involved in combating trafficking.

Suggested Talking Points

- Let's prepare to watch the film by reviewing the pre-screening survey.
- We probably have many different levels of knowledge. Some of you have been involved in the issue for years. Some might not know a lot — yet. Let's give as many people an opportunity to speak as possible.

Answer Key for Pre-Screening Survey

2. TRUE — Human trafficking has been reported in all 50 states, and trafficking is especially prevalent in California, Florida, New York, Ohio and Texas.
3. FALSE — The majority of people trafficked in the U.S. are U.S. citizens.
4. TRUE — It's estimated that annual profits from human trafficking and forced labor total \$150 billion. Though an increasing number of countries are implementing anti-trafficking laws, they are often not enforced. Traffickers also use technology and leverage criminal networks to avoid getting caught.
5. TRUE — Of those subjected to modern slavery, roughly 70% are women.

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Other Suggested Questions for Pre-Screening Discussion

- What is human trafficking? Can you give an example?
- Where does human trafficking take place?
- What kinds of people are especially vulnerable to trafficking?
- What are some factors that make them vulnerable?
- Who are the traffickers?

Suggested Talking Points to Introduce the Film

For more information, visit notmylife.org.

General Statistics

- Globally, 10 million children are subjected to modern slavery.
- Human trafficking has been reported in all 50 U.S. states.

“Not My Life” and UNICEF

- Statistics are often impersonal. “Not My Life” is such an important film because it puts human faces on these numbers and brings them to life.
- Filmed on five continents over a period of four years, “Not My Life” forces us to face trafficking’s reality through the lives of its victims.
- UNICEF is one of several partner organizations that helped in the making of “Not My Life”.

Sensitive Issues

- Some of the people in the film have survived horrific experiences. Consequently, some of the content you’re about to see may be difficult to watch. It is perfectly fine for viewers to step out if they become overwhelmed.
- Sensitive issues will be raised; the film requires maturity from its viewers.
- As challenging as some parts of the film will be, we believe you will ultimately find it inspiring.



“Garbage pickers”
at the Ghazipur landfill
in New Delhi, India

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Post-Screening Discussion

Help participants process what they've just seen; allow time for reflection after viewing the film. Feel free to use some of the other suggested questions. Be prepared to talk about what UNICEF is doing to protect children from trafficking before leading the group in a discussion of ways to take action.

Suggested Questions for Reflection and Recap

- What struck you most about the film? What surprised you?
- How have you seen trafficking portrayed in the past? How do those images compare to what you've seen in the film?
- What were some of the factors that led to people being trafficked?
- What were some similarities in the stories of the people who were trafficked?
- What were some differences in the stories of the people who were trafficked?
- Who were the traffickers? Did they match your idea of traffickers (e.g., pimps) before seeing the film?
- How is trafficking being addressed? Who is involved in the fight? What are they doing?
- Do you think there might be trafficking in your city or state? Where might it be happening?



Suggested Questions on What UNICEF Is Doing About Trafficking

To combat child trafficking, UNICEF works with its partners in more than 190 countries to reduce factors that place children and families at risk in the first place. Examples of UNICEF's child protection efforts include:

- Helping to pay school fees for children in West Africa so that parents are less pressured to sell their children's labor
- Ensuring that girls get education, vocational training and life skills to reduce vulnerability
- Working with communities to change harmful traditions and practices like forced child marriage that increase children's vulnerabilities to trafficking
- Training police, social workers and border officials to treat child victims of trafficking with dignity rather than as criminals
- Promoting safe Internet access for children
- Working with governments to develop and enforce laws that outlaw the use of children in armed forces
- Reintegrating survivors with their families and communities, if that proves to be in their best interest

Take Action

Suggested Talking Points

- At the end of “Not My Life”, a challenge is presented: Now you know. What will you do?
- Ask audience members for suggestions.
- The End Trafficking team has three take-action items at the top of the Fast Facts resource page (unicefusa.org/endtrafficking/resources).
- You can also visit unicefusa.org/endtrafficking for more ways to get involved.

Event Closing — Suggested Talking Points

- Leave some time for questions and comments.
- Thank you for attending our screening tonight. We hope you will continue to learn and take actions that protect children in the U.S. and supports UNICEF’s child protection efforts around the world (unicef.org/protection).

Distribute Event Evaluation Forms

Collect and submit results to:

End Trafficking
UNICEF USA
125 Maiden Lane, 10th Floor
New York, NY 10038



Children working in a carpet factory in Nepal.

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End Trafficking Pre-Screening Survey

(please circle one)

- 1** On a scale of 0 to 5 (0 = not at all, 5 = very), how familiar are you with human trafficking? **1 2 3 4 5**
 - 2** Human trafficking has been reported in all 50 U.S. states. **TRUE FALSE**
 - 3** Most human trafficking victims in the U.S. are foreign nationals. **TRUE FALSE**
 - 4** Traffickers stand to make large profits. **TRUE FALSE**
 - 5** An overwhelming majority of people subjected to modern slavery are women and girls. **TRUE FALSE**
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“Not My Life” Screening Event Evaluation

1 During this event, I learned that:

- Human trafficking happens all over the world, including the United States.
- Human trafficking includes sex trafficking and labor trafficking.
- Children are often trafficked at a very young age.
- Other: _____

2 When I think about human trafficking, I feel: _____

3 After this event, do you feel equipped to tell others about what human trafficking is?
(0 = not at all, 5 = definitely)

0 1 2 3 4 5

4 What actions are you most likely to take after attending this event? Check all that apply.

- Go to [unicefusa.org/endtrafficking](https://www.unicefusa.org/endtrafficking) and follow @EndTraffick on [Twitter](#), [Instagram](#) and [Facebook](#).
- Visit [slaveryfootprint.org](https://www.slaveryfootprint.org) to learn how many exploited people work for you.
- Post the National Human Trafficking Hotline number: [1-888-373-7888](tel:1-888-373-7888) or text [BeFree](#) (233733).
- Ask elected officials to support anti-trafficking laws.
- Encourage others to watch the film and/or host a screening of “Not My Life”.
- Other (please specify): _____

5 How would you rate the event overall?

★ ★★ ★★★ ★★★★ ★★★★★

6 Any final comments or suggestions regarding the event and End Trafficking in general?
